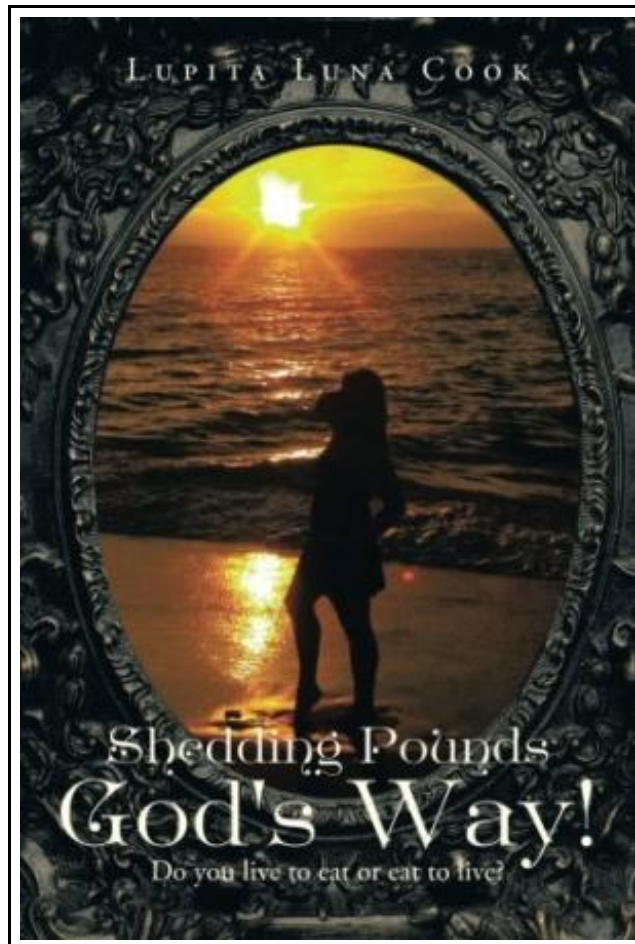


Shedding Pounds God's Way!: Do You Live to Eat or Eat to Live? (Paperback)



Filesize: 9.69 MB

Reviews

Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.

(Melany Goyette)

SHEDDING POUNDS GOD S WAY!: DO YOU LIVE TO EAT OR EAT TO LIVE? (PAPERBACK)



Trafford Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Losing weight is one of the hardest things to do for many people. After spending my life with years of defeat, I grew tired of losing at life, being overweight, hating my life as it was, forgetting all the things I should have been thankful for! When you are caught up in a dark place, you tend to forget what you have that is good. Everything seems bad! I was losing the battle, having diabetes to the extreme, high blood pressure, and high cholesterol, a low thyroid-these did not help. I was well over 100 pound overweight. I knew deep within my heart there had to be a solution, an answer to my problem. I needed for someone to rescue me! Not realizing I had the answer and the power inside of me. I established a relationship with Jesus! Through my search, Jesus changed my thinking, making me understand that to have victory is to change my lifestyle. I had to renew my mind, change the way I looked at food and life. I chose life! With help from Jesus, I researched with the direction of the Holy Spirit, finding my way to true success! Stop living to eat! Start eating to live!.



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